

# Hike to the Nose of the Giant

## Acknowledgement of Risk/Medical Release

The hike that your son/daughter would like to participate in will involve a 30-minute drive, a challenging 6-mile hike (round-trip), and then another 30-minute drive back to Helena.

As with any hike, there are several risks. One of the risks is that we will be hiking and then climbing onto a tall steep peak with cliffs nearby. Also there are rattlesnakes in the area, and a rabid bat was recently found a few miles away. If your son or daughter falls, or is bitten by a rattlesnake or rabid animal, the medical costs can climb into the tens of thousands of dollars. It is recommend that anyone without health insurance not go on this hike.

I have read this entire page, I accept that there are risks associated with the hike, and I give my son/daughter, (print their name on the line)

\_\_\_\_\_, permission to participate in the hike to nose of the Sleeping Giant. I also give adults on the trip permission to seek and obtain medical treatment for my child in the event he/she should need treatment. I also grant permission for my son/daughter to ride with an adult in that adult's vehicle.

Signature of parent:

Date:

How can you be reached in case of an emergency?

Please list any medications or health problems/concerns that your child has in the space below. Use the other side if needed.

**Questions?** [rbenson@helenaschools.org](mailto:rbenson@helenaschools.org) (Rod Benson) – I will check my email every day, including Sunday morning (the morning of the hike).

**IMPORTANT** – The trip is weather-permitting. Please check the Helena High Outdoors Club Facebook page the evening before the hike for updates. We will depart from Dillard's at 10 am. Do not be late!

A link to details of the hike can be found on this website: [www.formontana.net/nose.html](http://www.formontana.net/nose.html) (does not work on some mobile devices)

The event is a fund-raiser for the Helena High Outdoors Club – No charge for students, \$10 per adult.